

## Ann Arbor Dyspraxia Checklist

by Phillips & Phillips

This checklist is not a screening test or an assessment. It is designed to determine whether an assessment is advisable. Please circle YES or NO to each question. Don't miss any questions out. If you are in doubt, circle which ever feels like the truer answer.

1.Does your child knock into things?	YES	NO
2. Does he/she trip over often?	YES	NO
3.Would you describe him/her as clumsy?	YES	NO
4.Does he/she often spill or drop things?	YES	NO
5.Does he/she find it hard to judge heights and distance?	YES	NO
6.Is his/her writing difficult to read?	YES	NO
7.Does he/she find it difficult telling left from right?	YES	NO
8.Does he/she find it difficult to follow directions or find his/her way in a strange place?	YES	NO
9.Are practical tasks hard for him/her e.g. riding a bike.	YES	NO
10.Does he/she find sports difficult especially team and ball games?	YES	NO
11.Does he/she find a keyboard and/or a mouse hard to use?	YES	NO
12.Does it take him/her longer to work things out than others?	YES	NO
13.Does he/she find it hard to do sums in his/her head?	YES	NO
14.Do people sometimes find it hard to understand him/her?	YES	NO
15.Does he/she find it hard to remember and follow instructions?	YES	NO
16.Does he/she find it hard to pronounce some words?	YES	NO
17.Is he/she extra sensitive to noise, touch, light and taste?	YES	NO
18.Does he/she keep forgetting and losing things?	YES	NO
19.Is personal organisation hard for him/her?	YES	NO
20.The early signs of dyspraxia may be that your child did not reach the normal stages of development. For example, they may have taken longer than expected to: roll over, sit, crawl, stand, walk, speak and toilet train.	YES	NO

If the majority of answers are positive (YES), you are advised to seek an assessment from a paediatric occupational therapist.